# Common Theotokia

## HYMNS for VESPERS



## Singing & Making Melody Supplement

Hymn texts are from the OCA and, when necessary, adapted from Holy Myrrhbearers Monastery.



Saint Basil Orthodox Church Wilmington, NC 2020

# Contents

## Hymns for Great Vespers

The Dogmatic Theotokia								3	
Aposticha		•		•				•	6
Dismissal Theotokia							•	8	
Tone 1 Music	-	-		-		-	-		10
Tone 2 Music	-	-		-		-	-		12
Tone 3 Music	-	-		-		-	-		13
Tone 4 Music	-	-		-		-	-		14
Tone 5 Music	-	-		-		-	-		15
Tone 6 Music	-	-		-		-	-		16
Tone 7 Music	-	-		-		-	-		17
Tone 8 Music	-	-		-		-	-		18

## Hymns for Daily Vespers

Friday Evening	•	•	•	•	•	•	•	•	22
Sunday Evening		•	•	•	•	•	•	•	26
Monday Evening .	•	•	•	•	•	•	•	•	34
Tuesday Evening .	•	•	•	•	•		•	•	42
Wednesday Evening	•	•	•	•	•		•	•	50
Thursday Evening .	•		•					•	58

# Hymns for Great Vespers

### \*\*\*

also for the eve of any commemoration of doxology rank (ⓒ), and every Friday

### RUBRICS

### SATURDAY EVENINGS

LORD, I CALL: The Dogmatic Theotokion in the tone of the week.

APOSTICHA: The Theotokion in the tone of the preceding hymn.

DISMISSAL THEOTOKION: In the tone of the preceding hymn.

### FRIDAY EVENINGS

LORD, I CALL: The Dogmatic Theotokion in the tone of the week.

**APOSTICHA:** The Theotokion on page 22 in the tone of the preceding hymn.

DISMISSAL THEOTOKION: In the tone of the week.

### OTHER WEEKDAYS

LORD, I CALL: The Dogmatic Theotokion in the tone of the preceding hymn.

APOSTICHA: The Theotokion in the tone of the preceding hymn.

DISMISSAL THEOTOKION: In the tone of the preceding hymn.

### **THE DOGMATIC THEOTOKIA**

### Tone 1

L ET us <u>praise</u> the Virgin <u>Mary</u>! \* The gate of heaven, the <u>glory</u> of the world! \* The <u>song</u> of the angels, the beauty of the <u>faithful</u>! \* She was born of <u>man</u>, yet gave <u>birth</u> to God! \* She was revealed as the heaven, as the temple of the <u>god</u>head! \* She destroyed the wall of <u>enmity</u>! \* She com<u>menced</u> the peace; she opened the <u>King</u>dom! \* Since she is <u>our</u> foun<u>dation</u> of faith, \* our defender is the <u>Lord</u> whom she bore! \* Courage! O <u>People</u> of God! \* For <u>Christ</u> will destroy our <u>enemies</u> \*\*\* since he is all <u>pow</u>erful.

### Tone 2

T HE shadow of the Law passed when <u>grace</u> came; \* as the Bush burned, yet was <u>not</u> consumed, \* so the <u>Virgin</u> gave birth, yet remained a <u>Virgin</u>. \* The Righteous Sun has risen instead of a <u>pillar</u> of flame. \*\*\* Instead of Moses, Christ, the Sal<u>va</u>tion of our souls.

### Tone 3

H ow can we not <u>won</u>der \* at thy mystical childbearing, O exalted <u>Mo</u>ther? \* For without receiving the <u>touch</u> of man, \* thou gavest birth to a Son in the flesh, O immaculate <u>Virg</u>in. \* The Son born of the Father before <u>eter</u>nity \* was born of thee at the fullness of time, O honored <u>Lady</u>. \* He underwent no mingling, no change, no division, \* but preserved the fullness of each <u>na</u>ture. \* Entreat him, O Lady and Virgin and <u>Mo</u>ther, \* to save the souls of those who, in the Orthodox manner, con<u>fess</u> thee \*\*\* to be the <u>Theoto</u>kos.

T HE Prophet David was a Father of the Lord through thee, O <u>Virgin.</u> \* He foretold in songs the One who worked <u>won</u>ders in thee: \* "At thy <u>right</u> hand <u>stood</u> the Queen," \* thy Mother, the mediatrix of life, \* since God was freely born of <u>her</u> without a <u>father</u>. \* He wanted to renew his fallen image, made corrupt in <u>passion</u>, \* so he took the lost sheep upon his <u>shoulder</u> \* and brought it to his Father, joining it to the <u>heav</u>enly <u>powers</u>. \*\*\* Christ who has great and rich mercy has saved the world, O Theo<u>to</u>kos.

### Tone 5

 $I \xrightarrow{\mathbb{N}} \text{the Red } \underbrace{\text{Sea}}_{\text{ea}} \text{ of old, * a type of the Virgin Bride was prefigured. *}_{\text{There } \underline{\text{Moses divided the waters; * here } \underline{\text{Gabriel assisted in the }}_{\text{miracle. * There Israel crossed the sea without getting wet, * here }_{\text{the } \underline{\text{Virgin gave birth to } \underline{\text{Christ}}} \text{ without seed. * After } \underline{\text{Israel's passage, the sea remained impassable; * after Emmanuel's birth, the }_{\text{Virgin remained a } \underline{\text{Virgin. * O } \underline{\text{ever-existing God who didst appear}} \text{ as Man, *** } O \underline{\text{Lord, have } \underline{\text{mercy on } us!}}$ 

### Tone 6

W<sup>HO</sup> will not bless thee, O most holy <u>Virgin</u>? \* Who will not sing of thy most pure <u>child</u>bearing? \* The only-begotten Son shone timelessly from the <u>Fath</u>er, \* but from thee he was ineffably in<u>car</u>nate. \* God by nature, he became <u>Man</u> for our sake, \* not two persons, but one known in two <u>na</u>tures. \* Entreat him, O pure and all-blessed <u>Lady</u>, \*\*\* to have <u>mer</u>cy on our souls!

N o tongue can speak of thy wonderful <u>child</u>bearing, \* for the <u>or</u>der of nature was over<u>ruled</u> by God. \* Thou wast re<u>vealed</u> to be a Mother above <u>nature</u>, \* for <u>thou</u> didst remain a Virgin beyond reason and under<u>stand</u>ing. \* Thy conception was most glorious, O Theo<u>to</u>kos! \* The <u>man</u>ner of thy giving birth was ineffable, O <u>Virgin</u>! \* <u>Know</u>ing thee to be the <u>Mother</u> of God, \* de<u>vout</u>ly we <u>pray</u> to thee: \*\*\* Be<u>seech</u> Him to <u>save</u> our souls!

### Tone 8

T HE King of heaven, \* because of his love for man, \* appeared on earth and dwelt with men. \* He took flesh from the pure Virgin \* and after assuming it, he came forth from her. \* The Son is one: in two natures, yet one Person. \* Proclaiming him as perfect God and perfect Man, \* we confess Christ our God! \*\*\* Entreat him, O unwedded Mother, to have mercy on our souls!

### **Aposticha**

### Tone 1

**B** EHOLD, Isaiah's prophecy is fulfilled, \* for the Virgin gave birth, yet remained a <u>Virgin!</u> \* <u>God</u> was born, and so nature was restored anew. \* Do not despise the entreaties of thy <u>ser</u>vants, O <u>Mother of God!</u> \* We <u>offer them to thee in thy temple</u>. \* Since thou didst carry in thine arms the compassionate One, \* have compassion on thy <u>ser</u>vants, \*\*\* and pray that our <u>souls</u> may be saved.

### Tone 2

A NEW miracle surpasses all ancient <u>mir</u>acles! \* Who knows of a Mother who gave birth with<u>out</u> a man, \* who <u>car</u>ried in her arms her Cre<u>a</u>tor? \* This birth is the <u>will</u> of God! \* Since thou didst carry him as an infant in thine arms, O most <u>pure</u> one, \* and since <u>thou</u> dost possess motherly boldness be<u>fore</u> him, \* do not cease praying for us who <u>hon</u>or thee, \*\*\* that he may be bountiful and <u>save</u> our souls!

### Tone 3

B <sup>Y</sup> the will of the <u>Fa</u>ther, \* without seed, of the Holy Spirit thou didst conceive the <u>Son</u> of God. \* He was born of the Father before eternity without a <u>mother</u>, \* but now for our sake he came from thee without a <u>father</u>. \*\*\* Do not cease entreating him to de<u>liver</u> our <u>souls</u> from harm.

### Tone 4

L OOK on the entreaties of thy servants, O <u>Blame</u>less One! \* Stop all the terrible attacks against us, \* <u>free</u>ing us from every af<u>flic</u>tion, \* for we have only thee as our sure and firm <u>an</u>chor! \* Do not let us be put to <u>shame</u>, O <u>Lady</u>, \* for we call on thee for our inter<u>ces</u>sion! \* Hasten to pray for those who <u>call</u> in faith: \* Rejoice, O <u>Lady</u>, <u>help</u> of all: \*\*\* the joy and shelter and sal<u>va</u>tion of our souls!

### Tone 5

M OST precious Virgin, \* thou art the gate, the temple, \* the palace, the throne of the King. \* From thee, my Redeemer, Christ the Lord, appeared to those asleep in darkness. \* He is the Sun of Righteousness, \* who desired to enlighten his image, whom he had created. \* Since thou dost possess motherly boldness before him, O all-praised Lady, \*\*\* pray unceasingly that our souls may be saved!

### Tone 6

M <sup>v</sup> Maker and Redeemer, <u>Christ</u> the Lord, \* was born of thee, O most pure <u>Virgin</u>. \* By accepting my nature, he freed Adam from his <u>an</u>cient curse. \* Unceasingly we magnify thee as the <u>Mother of God!</u> \* Rejoice, O celestial joy! \* Rejoice, O <u>La</u>dy: \*\*\* the protection, intercession and salvation of our souls!

### Tone 7

 $F^{\underline{\text{LEEING}}}$  under thy protection, O  $\underline{\text{La}}$ dy, \* we <u>mor</u>tals seek refuge and cry a<u>loud</u> to thee: \*\*\* "O Theotokos, our hope, deliver us from our countless <u>sins</u>, and <u>save</u> our souls!"

### Tone 8

O UNWEDDED Virgin, \* who ineffably conceived <u>God</u> in the flesh: \* O <u>Mother</u> of <u>God</u> most high, \* accept the cries of thy servants, O <u>blame</u>less one! \* Grant cleansing of trans<u>gres</u>sions to all! \*\*\* Receive our prayers and pray to <u>save</u> our souls!

### Dismissal Theotokia

### Sheet music on the following pages.

### Tone 1

W HEN <u>Ga</u>briel announced to thee, O Virgin, "Rejoice," \* with that word the Master of all was incarnate in thee, O <u>holy</u> Ark. \* As the <u>right</u>eous David <u>said</u>, \* thy womb became more spacious than the heavens, bearing thy Creator. \* <u>Glory</u> to him who took a<u>bode</u> in thee. \* Glory to him who came from <u>^thee</u>. \*\*\* Glory to him who freed us by being <u>born</u> of thee.

### Tone 2

A LL beyond <u>thought</u>, all most <u>glo</u>rious, \* are thy mysteries, O Theo<u>to</u>kos. \* Sealed in <u>pur</u>ity, preserved in vir<u>gin</u>ity, \* thou wast revealed to be the true Mother who gavest birth to the <u>True</u> God. \*\*\* En<u>treat</u> him to <u>save</u> our souls.

### Tone 3

W<sup>E</sup> <u>praise</u> thee as the mediatrix of our sal<u>va</u>tion, \* O Virgin Theo<u>to</u>kos. \* For thy <u>Son</u>, our God, who took <u>flesh</u> from thee, \* accepted the <u>Pas</u>sion on the Cross, \*\*\* delivering <u>us</u> from cor<u>rup</u>tion as the <u>Lov</u>er of Man.

### Tone 4

T HE mystery of all eternity, \* unknown even by angels, \* through thee, O Theotokos, is revealed to those on earth: \* God incarnate by union without confusion. \* He voluntarily accepted the Cross for us, \* by which he resurrected the first-created man, \*\*\* saving our souls from death.

R EJOICE, impassable gate of the Lord! \* Rejoice, wall and protection of those who <u>run</u> to thee! \* Rejoice, unshakable <u>re</u>fuge! \* Rejoice, thou who knewest not <u>wed</u>lock, \* who gavest birth in the flesh to thy Cre<u>a</u>tor and God! \*\*\* Do not cease praying for those who <u>praise</u> and <u>wor</u>ship thy Son!

### Tone 6

T HOU, who didst call thy Mother <u>bles</u>sed, \* camest of thine own <u>will</u> to the <u>Passion</u>. \* Shining on the Cross, desiring to recall Adam, thou didst say to the <u>angels</u>: \* "Rejoice with <u>me</u> for the lost <u>coin</u> has been found." \* Thou who hast ordered all things in <u>wis</u>dom, \*\*\* our <u>God</u>, <u>glory</u> to thee.

#### Tone 7

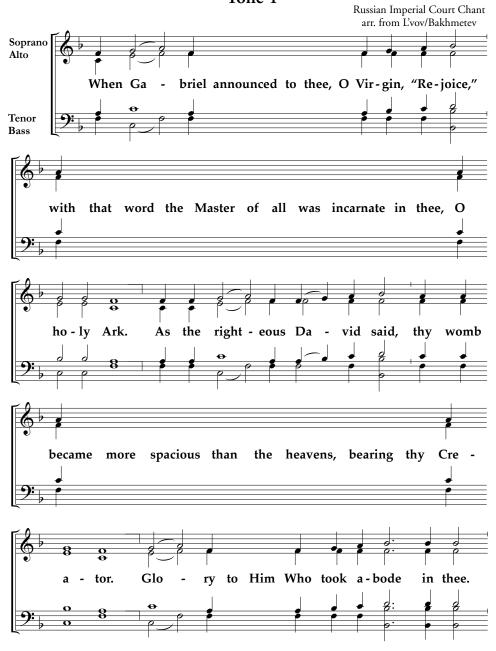
S INCE <u>thou</u> art the treasure of our Resur<u>rection</u>, \* we put our hope in thee, O All-<u>praised</u> One. \* Lead us <u>out</u> of the pit and the abyss of trans<u>gres</u>sions, \* for thou hast saved us, who are subject to sin, by giving birth to our Sal<u>va</u>tion. \* Before <u>giving</u> birth thou wast a virgin, and a virgin while <u>giving</u> birth, \*\*\* and after giving birth thou <u>still</u> remainest a <u>virg</u>in.

#### Tone 8

**F** OR our <u>sake</u> thou wast <u>born</u> of the <u>Virgin</u> \* and didst en<u>dure</u> crucifixion, O Good One, destroying <u>death</u> by death. \* Re-<u>vealing the resurrection as God</u>, do not despise the <u>work</u> of thy hand! \* Reveal <u>thy love</u> for <u>man</u>, O Merciful One, and accept the Theotokos <u>pray</u>ing for us, \* and save the de<u>spair</u>ing <u>people</u>, O our <u>Sa</u>vior!

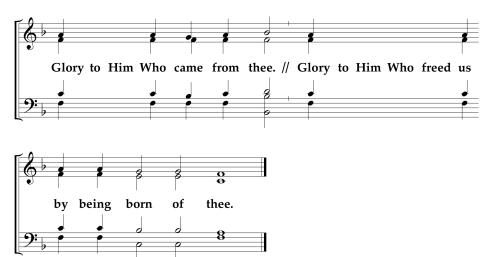
### Great Vespers **RESURRECTIONAL DISMISSAL THEOTOKION** Tone 1

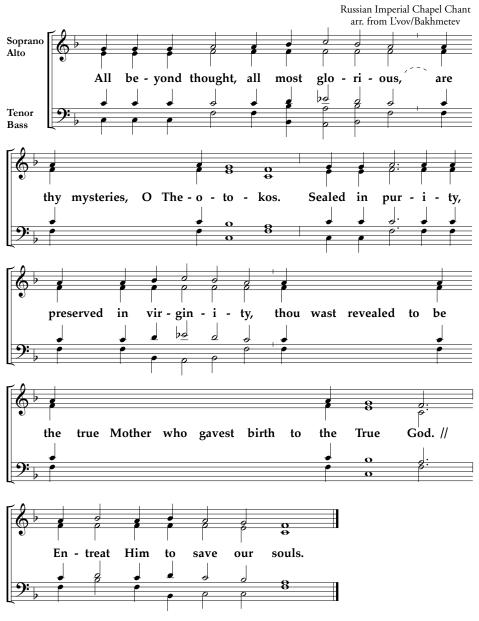
Matins



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Resurrectional Dismissal Theotokion - Tone 1

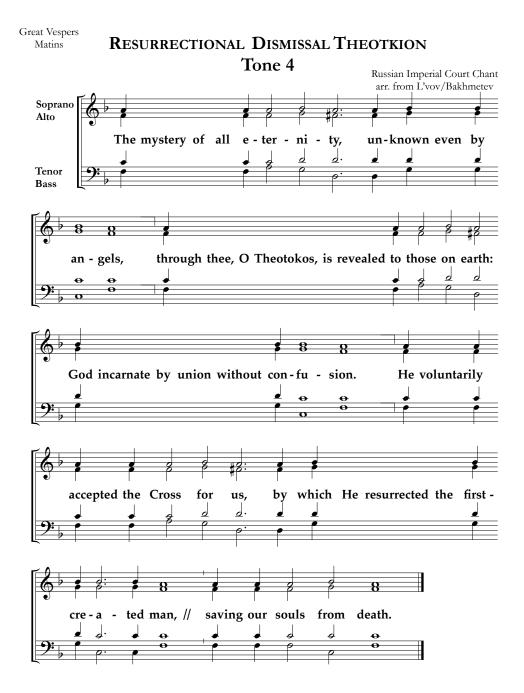




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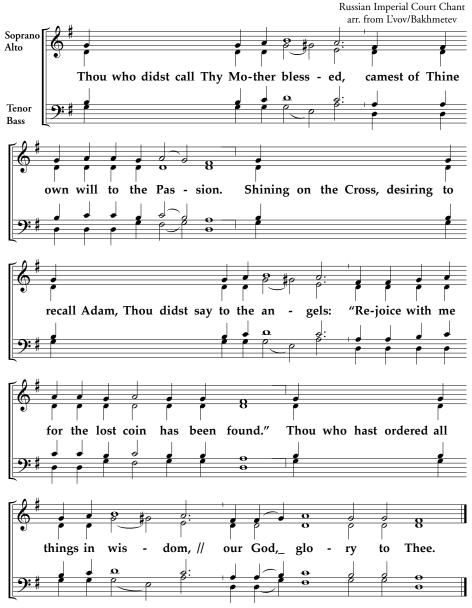


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Great Vespers Matins



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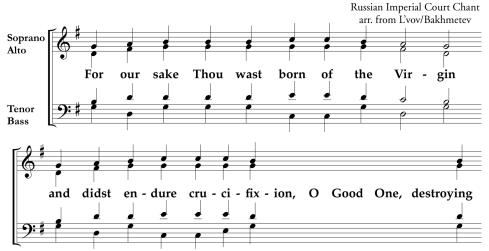


[virgin while giving birth]



Great Vespers **RESURRECTIONAL DISMISSAL THEOTOKION** Tone 8

Matins





# Hymns for Daily Vespers

\*\*\*\*

Friday Evening

### LORD, I CALL

Friday Evenings: after Menaion hymns, sing the Dogmatic Theotokion in the tone of the week (p. 3, under Great Vespers).

### Aposticha

After the last Aposticha hymn, we sing in the same tone:

### Tone 1

T HE great miracle by which thou didst give birth, O bride of God, \* is incomprehensible indeed. \* All the prophets fore-told the conception, which is beyond words and understanding, \* and the birth of thy Son, who has saved the world, \*\*\* for he is the lover of mankind!

### Tone 2

S AVE thy servants from tribulations, \* O Virgin Theotokos, \* for after God we all run to thee \*\*\* as our unshakable haven and protection.

### Tone 3

T HOU art holy among women, unwedded mother: \* entreat thy Son and our King, O Theotokos, \*\*\* to save our souls, as the Lover of mankind.

### Tone 4

ANDLE whose light is never quenched, \* throne of righteousness, \*\*\* most pure Lady, pray that our souls may be saved!

I NTERCEDE for us with thy prayers, O joyful one, \* and plead for great compassion for our souls, \*\*\* and the blotting out of our many transgressions.

### Tone 6

 $B^{\rm v}$  the prayers of her who bore thee, O Christ, \* and of thy martyrs, apostles and prophets, \* of the holy hierarchs, monks and righteous, \* and of all thy saints, \*\*\* give rest to thy servants who have fallen asleep.

### Tone 7

A s the only one who hast encompassed the boundless One \* and gavest birth to the incarnate Word of God, \*\*\* entreat him that our souls may be saved!

#### Tone 8

PURE Virgin, \* the gate of the Word and Mother of our God: \*\*\* pray that we may saved!

### DISMISSAL THEOTOKION

Friday Evenings: after the Menaion troparion, the Dismissal Theotokion in the tone of the week (p. 8, under Great Vespers). \*\*\*\*

**Sunday Evening** 

### LORD, I CALL

### Tone 1

O MARY, wondrous and blameless, our pure support, \* I am in distress, held fast by my many sins. \* Bring me to the path of repentance by thy strong protection, \*\*\* for thou art able to do this as the mother of the almighty God!

### Tone 2

T HE hosts of angels \* sing the thrice holy praises of thy Son, O pure Virgin. \* For thou wast his fiery throne, a living chamber for the King \* and divine bridge leading from earth to heaven. \* We sing Rejoice! to thee with the Archangel Gabriel, \*\*\* for thou gavest birth to the Source of joy!

### Tone 3

 $B^{\rm v}$  thy fervent intercession, O pure Lady, \* and thy prayers as a mother, O ruler of creation, \* free my mind from the terrible rule of passions, \*\*\* and make me a servant of thy Son and thy God.

### Tone 4

U NDEFILED Virgin, \* higher than the heavenly hosts, pray with the angels to the One who rules them and all creation, \* that he will forgive our sins \* and, delivering us from our passions, \* will make us worthy to praise his glory in song \*\*\* and to inherit the food of incorruption!

T HOU wast indeed a throne like the cherubim, \* higher than the highest angels, \* for the Word of God dwelt in thee, O pure Lady, \* in his desire to renew our image. \* Bearing our flesh, he came forth from thee, \* and as God, in his goodness he endured suffering and the Cross for us, \* granting us the resurrection! \* Therefore let us give thanks to our Creator, who restored our condemned nature, \* and pray that by thy prayers, he may forgive our trespasses, \*\*\* and grant us great mercy!

### Tone 6

A <sup>T</sup> the word of the Archangel, O Theotokos, \* thou didst conceive the Word in thy womb: \* the One who existed from all eternity with the Father and the Spirit. \*\*\* Thou didst rise higher than the cherubim, the seraphim, and the thrones!

### Tone 7

W ITH the angels, let us sing to the Theotokos, \* for she gave birth to the Savior of the world! \* After his birth she remained a Virgin, and her childbearing saved the world from error. \* By nourishing with milk the Savior of our souls, \*\*\* thou hast given us eternal food.

### Tone 8

C REATION ever offends and bears the curse of the Creator. \* Pray, O Maiden, that I may avoid that fate. \* Through thy help we accomplish noble deeds, \*\*\* as we desire forgiveness and salvation.

### **Aposticha**

### Tone 1 (Automelon)

O Joy of the <u>Heav</u>enly Hosts, \* mighty protection of <u>those</u> on earth, \* O all-pure <u>Virgin</u>, \* save <u>us</u> who have <u>re</u>course to thee, \* for, in <u>thee</u>, after God, have we <u>placed</u> our hope, \*\*\* O Theo<u>to</u>kos!

### Tone 2

R EJOICE, O Mary Theo<u>to</u>kos, \* Temple which can<u>not</u> be destroyed; \* <u>Tem</u>ple, even more, of <u>ho</u>liness, \* as the <u>proph</u>et cried out: \*\*\* Holy is thy temple, wonderful in <u>right</u>eousness.

### Tone 3

W<sup>E</sup> have put our trust in thee, O Lady, \* protector of all who pray to thee. \* We glory in thee and put all our hope in thee. \*\*\* Pray to thy Son for thy worthless servants.

### Tone 4

R EJOICE, cloud filled with radiant light! \* Rejoice, shining lampstand! \* Rejoice, jar of manna; rejoice staff of Aaron! \* Rejoice, bush which burned, yet was not consumed; \* rejoice, lamp; rejoice, throne! Rejoice, holy mountain! \* Rejoice, harbor; rejoice, table of God; rejoice, mystical door! \*\*\* Rejoice, for thou art the joy of all!

H ow awesome and glorious is the great mystery! \* A womb contains the uncontainable! \* A Mother gives birth and remains a Virgin, \* for God was born from her, becoming incarnate. \* With the angels, let us sing this song to him: \* Holy art thou, O Christ our God, \*\*\* who didst take flesh for our sake, glory to thee!

#### Tone 6

L IKE the Archangel, O be<u>liev</u>ers, \* let us praise the heavenly Bridal Chamber and the <u>well</u>-sealed Gate! \* "Rejoice, O <u>Lady</u>, \* through whom sprang forth for us the <u>Sav</u>ior, Christ, \* the Lifegiver and <u>God</u> of all! \* Undefiled hope of Christians, destroy with thine <u>own</u> hands \*\*\* the tyrants, our godless <u>en</u>emies!"

### Tone 7

R EJOICE, O bride of God! We cry out to thee with the angels. \* Thou art called the ark, the sacrificial altar, and the gate, \*\*\* mountain of abundance and burning bush!

#### Tone 8

T HE Hosts of Heaven praise thee, \* unwedded Mother, <u>full</u> of grace. \* We glorify thine in<u>effable child</u>bearing. \*\*\* Therefore, Theotokos, intercede for the sal<u>va</u>tion of our souls!

### Dismissal Theotokia

### Tone 1

C REATION exults, O full of grace, \* because it beheld in thee a wonder of wonders! \* For thou didst conceive without seed \* and ineffably gavest birth to him \* upon whom the commanders of the hosts of angels dare not gaze: \*\*\* Beseech him that our souls may be saved!

### Tone 2

T HOU art a fountain of compassion, O Theotokos: \* Behold a sinful people, and grant mercy to us! \* Reveal, as always, thy might! \* As we trust in thee, we cry out, Rejoice! \*\*\* as once did Gabriel, the leader of the heavenly hosts!

#### Tone 3

O THEOTOKOS, \* as he cried to thee, Gabriel marveled at the beauty of thy virginity, \* the great brightness of thy purity! \* "What praise fitting for thee can I offer? \* By what name may I call thee? \* I am troubled and afraid. \* Therefore, as I was commanded, I raise my cry: \*\*\* 'Rejoice, O full of grace!'"

#### Tone 4

**B**<sup>EING</sup> raised in the temple in the holy of holies, \* thou wast adorned with faith and wisdom. \* Attaining the crown of virginity, the Archangel Gabriel delivered these heavenly greetings to thee: \* Rejoice, rejoice! O blessed one, rejoice! \*\*\* All-glorified one, the Lord is with thee!

W<sup>E</sup> cry to thee exultingly with the angels, \* with mankind on earth: \* Rejoice, gate wider than heaven! \* Rejoice only salvation of the human race! \* Rejoice, O honored Lady, full of grace, \*\*\* for thou gavest birth to the incarnate God!

### Tone 6

T HE announcement of Gabriel to the Virgin \* was the beginning of our salvation; \* for she heard Rejoice! and did not reject the salutation; \* she did not doubt, like Sarah of old, but said thus: \* Behold the handmaid of the Lord! \*\*\* Be it unto me according to thy word!

#### Tone 7

O UNDEFILED Virgin Theotokos, \* with the powers of heaven, \* pray to thy Son that, before their end, \* he may grant to those who faithfully glorified him \*\*\* the forgiveness of their sins.

### Tone 8

R EJOICE, for thou didst accept from the angel the joy of the world!\* Rejoice, for thou hast borne the Creator and Lord!\*\*\* Rejoice, for thou wast deemed worthy to be the Mother of God! \*\*\*\*

Monday Evening

## LORD, I CALL

## Tone 1

T HE lamb who took away the sin of the world \* was preached by the great Forerunner. \* Join with him, O Virgin, in praying for me, \* that in the hour of judgment, although I am unworthy, \* I may not be found among the goats, \*\*\* but accepted at the Lord's right hand as his righteous sheep.

## Tone 2

M<sup>x</sup> humble soul is assaulted \* by many sorrows, passions and terrible afflictions; \* I run to thee, O Theotokos! \* Be my pilot on the sea of life, unwedded Maiden. \* Quiet the raging waters which surround me, \* shelter me with thy protecting veil, \*\*\* and guide me to the tranquil harbor of repentance.

## Tone 3

O VIRGIN, bearer of the unquenchable light, \* show us the way to repentance. \* Take me beneath the cover of thy veil, for I am buried in darkness. \*\*\* By thy prayers save me from the fires of hell.

#### Tone 4

O THEOTOKOS, \* make me to weep with all my heart, \* to repent sincerely of my many sins. \* Help me to spend the rest of my life in repentance, \*\*\* reassured that thou wilt keep me from all evil.

**F** ROM my youth, I have been engrossed in sin; \* I was lured and misled by Satan; \* my mind is poisoned by my many evil habits. \* Now I weep in sorrow over the destruction of my soul. \* O Lady, do not despise me now, for I am perishing in evil. \* Take pity on me and deliver me from all assaults and passions, \* that by thy prayers, before I die, \*\*\* I may find repentance.

#### Tone 6

T HE remembrance of wrongs is a sign of anger, \* and irritation is a manifestation of wrath! \* Because of these, terrible insults come without shame from the mouth. \* It is written: the person who acts thus is liable to the fire of Gehenna! \* Therefore, watch, my soul: \* flee from bitter irritation, wrath, malice and insult, and every poisonous word. \* Cry out to the Theotokos: \*\*\* Save me, my Lady!

#### Tone 7

O BLESSED Virgin Mary, calm the storm of my laziness, \* the tempest of indifference which endangers my boat on its to salvation. \* Guide me, O Mother of God, \*\*\* to the still waters in the harbor of repentance.

## Tone 8

W<sup>E</sup> put all our trust in thee, O Theotokos. \* Protect us beneath thy veil \* and keep us from all evil afflictions. \* Save us and have mercy on us, \*\*\* interceding for us before thy Son and our God.

## Aposticha

#### Tone 1

O VIRGIN, worthy of all praise, \* Moses, with prophetic eyes beheld the mystery that was to take place in thee, \* as he saw the bush that burned, yet was not consumed. \* For the fire of divinity did not consume thy womb, O pure one. \* Therefore we pray to thee as the mother of God, \*\*\* to ask peace and great mercy for the world.

#### Tone 2

**I** PUT all my trust in thee, O Mother of God: \*\*\* shelter me beneath thy veil.

#### Tone 3

T HOU art holy among women, O unwedded Mother!\* Entreat the King and Son whom thou didst bear \*\*\* to save our souls, Theotokos!

#### Tone 4

D ELIVER us from danger, O Mother of Christ our God, \* who gavest birth to the Creator of all, \* that we may all cry to thee: \*\*\* Rejoice, only advocate of our souls!

S OOTHE the pain of my suffering soul, \* as thou dost wipe all tears from the face of the earth. \* For thou dost drive all suffering from mankind, \* dispersing the grief of sinners. \* We find hope and confirmation in thee, \*\*\* O most pure Virgin Mother!

#### Tone 6

O THEOTOKOS and Virgin, \* thou art the transformation of the afflicted and the deliverance of the weak. \* Only protector of the faithful, \* thou bringest peace to those in battle, \* tranquility to those in storms: \*\*\* save this country and people!

## Tone 7

 $R^{\rm EJOICE,~O~Lady,~cloud~of~the~reasonable~and~ineffable~sun;~*}$  rejoice, lamp filled with light! \* Rejoice, golden candlestick, for Eve has been delivered from the curse by thee! \* Since thou hast boldness before thy Son and our God, O most pure one, \* never cease to plead with him by thy maternal prayers, \*\*\* for he will hear thee.

#### Tone 8

REJOICE, pride of the universe; \* rejoice, temple of the Lord! \* Rejoice, over-shadowed mountain, rejoice refuge of all mankind. \* Rejoice, golden candlestick; rejoice, precious glory of the Orthodox! \* Rejoice, Mary, Mother of Christ our God; rejoice, tabernacle and paradise! \* Rejoice, table of divinity; rejoice, golden vessel! \*\*\* Rejoice, for thou art the hope of all!

## Dismissal Theotokia

## Tone 1

O THEOTOKOS, full of <u>grace</u>, \* thou didst conceive the fire of divinity with<u>out</u> being burned, \* and thou didst <u>bear</u> the Lord, the <u>Fount</u> of life! \*\*\* Save from death those who <u>magnify</u> thee!

#### Tone 2

T HROUGH <u>thee</u>, O ever-virgin Theo<u>to</u>kos, \* we have become partakers of the divine <u>na</u>ture, \* for <u>thou</u> gavest birth to the incarnate <u>God</u> for our sake. \*\*\* Therefore we all de<u>vout</u>ly <u>magnify</u> thee.

## Tone 3

O THEOTOKOS, \* thou art our shelter and our strength, \* protecting the world with power! \* Protect thy servants from all dangers by thine intercessions, \*\*\* O only blessed one!

### Tone 4

L ET us, the sinful and unworthy, \* flee fervently to the Theotokos! \* Let us fall down in repentance, \* crying from the depths of our souls! \* Help us and have mercy on us, O Lady! \* Help us, for we are perishing from our many sins. \*\*\* Do not turn away thy poor servants, for thou art our only hope!

S How forth thy ready protection, O Theotokos, \* thy help and mercy to thy servants. \* In thy purity, calm the storms of my empty thoughts \* and raise up my wounded soul, \*\*\* for I know, O Virgin, that thou canst do all thou dost desire.

#### Tone 6

O GOOD Virgin Theotokos, thou hope of the world, \* we entreat thine intercession which alone is mighty: \* take pity on us, a people bereft of an intercessor; \* beseech the merciful God \* that our souls be delivered from every threat, \*\*\* O thou who alone art blessed.

#### Tone 7

O THEOTOKOS, we greet thee, \* for thou wast manifested as higher than the angels, \*\*\* when thou didst carry God in thy womb!

### Tone 8

W<sup>E</sup> the faithful magnify the Theotokos, \* the stable foundation of the faith and precious gift for our souls! \* Rejoice, for thou didst hold in thy womb the Rock of life! \* Rejoice, hope of the world and protection of the afflicted! \*\*\* Rejoice, O unwedded bride! \*\*\*\*

**Tuesday Evening** 

## LORD, I CALL

## Tone 1

W HEN thou didst behold thy Son and Master hanging on the cross, \* his side pierced with a spear, \* thou didst cry out in mourning, pure mother: \* Woe is me! How thou dost suffer, O Lover of mankind, \*\*\* to take away the sufferings of the world!

## Tone 2

T HE sun was shaded and darkened by the blinding light of the Cross. \* Thine all-pure Mother cried out as she beheld thee: \* This holy light overpowers and shatters darkness; \* it destroys the evil powers! \* It makes the righteous joyful and jubilant! \* This Light of Lights is Almighty and cleansing, \*\*\* purifying the righteous and making them stronger!

## Tone 3

O PURE one, a sword pierced thy heart \* when thou didst behold thy Son crucified. \* O Virgin, thou didst cry out weeping: \* Do not leave me childless, O my Son and my God! \*\*\* Protect me at thy resurrection!

## Tone 4

D o not mourn or lament for me, O Mother, \* for although I hang upon the Cross, \* I am God and have created the world! \* I created all things visible and invisible! \* I shall rise again and be glorified! \* I go to destroy the fortress of Satan, \* crushing his power and freeing those bound by him, \*\*\* for I am coming with my Father and the glory of the Holy Trinity!

I N thy desire for our salvation, \* thou didst pay the greatest price, O Lord: \* thou didst shed thy blood for us! \* Thy Mother beheld thee nailed to the Cross, and cried: \* My Son, my spotless Lamb! \* How canst thou go down before my eyes, O Savior, \* the never-setting Sun who enlightens all mankind, \*\*\* granting the world great mercy!

### Tone 6

W HEN the lawless men nailed thee unjustly to the Cross, O Lord, \* thy blessed Mother looked on, and as Simeon had foretold, \*\*\* a sharp sword pierced her heart.

#### Tone 7

O HOLY Theotokos, who gavest birth to the Master who was crucified for us, \* thou art our defender and our sure hope. \* As thou art the intercessor for us in our sinfulness, \*\*\* we beseech thee to pray to him to save our souls.

#### Tone 8

W HEN the Virgin saw her Son being led to the slaughter, \* she followed him to the Cross and cried: \* My sweetest Child, what will happen to thee? \* Thou knowest that we long to be with thee, \*\*\* for we know thee to be our King and our God!

## Aposticha

#### Tone 1

W HEN she beheld the lamb hanging on the cross \* the undefiled Virgin lamented and cried: \* O my sweet child, what is this strange and most glorious sight? \* How is it that he who holds all things in his hand \*\*\* is nailed in the flesh to the wood?

## Tone 2

S UFFERING greatly when thy Son and God was crucified, \* thou didst moan and cry aloud with weeping: \* Woe is me, my sweetest child! \* How unjustly thou dost suffer \*\*\* in thy desire to save Adam!

## Tone 3

A s she beheld thee lifted upon the Cross, O my Christ, \* thy pure Mother who bore thee without defilement lamented and cried out with weeping: \* As thou didst preserve me inviolate in bearing thee, \*\*\* do not leave me childless!

## Tone 4

W HEN the all-pure Virgin saw thee crucified, \* O Lover of mankind, \* she lamented and cried: What is this my Son? \* What reward have the godless people given thee for all the good thou hast done to them? \* And why, my well-beloved, do thy hasten to make me childless? \*\*\* I marvel at thy voluntary crucifixion, compassionate Lord!

M Y Maker and God was clothed in me, \* assuming my entire form in his desire to renew it \* as it was in Adam before the fall. \* By his own will, he was lifted up without guilt upon the Cross, \* and his hands of his own accord were nailed, \* healing the hands which of old were weakened by taking the fruit. \* As she beheld him, his most pure Mother cried: \* What ineffable patience is thine, my Son! \* I cannot bear to behold thee lifted upon the Cross, \*\*\* for thou dost hold the earth in the palm of thy hand!

## Tone 6

W HEN the pure Theotokos saw our Life hanging on the Cross,\* she wept like a mother and cried aloud: \* My Son and my God, \*\*\* save those who sing to thee in love!

#### Tone 7

I N those days, beholding thy Son upon the tree, \* thy heart, O most pure Virgin, \*\*\* was pierced by the sword of grief.

#### Tone 8

W HEN she beheld thee nailed upon the Cross, O long suffering Lord, \* thy Mother mourned and wept. \* Amazed at thy surpassing goodness, and the compassion thou gavest beyond human nature, \*\*\* she sang the praises of thy power!

## Dismissal Theotokia

#### Tone 1

W<sup>E</sup> have acquired thy protection, O immaculate one: \* We have been redeemed by thy supplications, \* and we have always been guarded by the Cross of thy Son. \*\*\* Therefore we all rightly magnify thee!

## Tone 2

T HOU art most glorious, O Virgin Theotokos! \* We praise thee, for through the Cross of thy Son, hell is laid low and death is slain! \* We who were dead in sin have risen and have been granted life! \* We have obtained paradise, our former delight! \* Therefore we thank and glorify Christ our God, \*\*\* for he alone is mighty and great in mercy.

### Tone 3

O THEOTOKOS, \* we have obtained the Cross of thy Son as a powerful rod, \* to strike down the boasting of the enemy: \*\*\* therefore we exalt thee forever!

#### Tone 4

O ALL blameless Virgin Mother of Christ God: \* thy most holy soul was pierced by a sword when thou didst behold thy Son and God willfully crucified. \* Therefore never cease to pray to him, \* O all blessed one, \*\*\* that he may grant us remission of our sins.

L ET the error of idolatry be destroyed \* through the might of the Cross of thy Son, \* and the power of demons be trampled, O Lady all pleasing to God! \* Therefore we faithful ever sing humbly to thee, \* We bless and exalt thee, \*\*\* professing that thou art truly the Mother of God!

## Tone 6

O VIRGIN Theotokos, entreat thy Son Christ our God, \* who of his own will was nailed to the Cross \* and has freed the world from deception \*\*\* that he have mercy on our souls.

#### Tone 7

O VIRGIN Theotokos, intercede without ceasing \* to Christ God who was crucified for us and destroyed the power of death \*\*\* that he might save our souls!

#### Tone 8

O LAMB, the Shepherd and Savior of the world, \* when thy Mother saw thee hanging on the Cross, she cried: \* Though the world rejoices in its redemption, my being burns as I behold thy Crucifixion, \*\*\* which thou dost endure for all men, O my Son and my God! \*\*\*\*

Wednesday Evening

## LORD, I CALL

## Tone 1

T HE stormy <u>sea</u> of my transgressions sur<u>rounds</u> me; \* I turn to the calm safety of thy prayers, O <u>mother</u> of God. \*\*\* I cry out: stretch out thy mighty arm and save me, O pure <u>La</u>dy!

## Tone 2

T HE Word, equal in honor with the Father and the Holy <u>Spirit</u>, \* shone forth on earth in these last days as the great Sun coming from the <u>Virgin</u>. \* He sent <u>you</u>, his glorious apostles, as <u>rays</u> of the dawn, \* to enlighten those in the darkness of error with the <u>light</u> of faith, \*\*\* leading them by your divine <u>teach</u>ings!

## Tone 3

G REAT is the might of thy wonders, O <u>pure</u> one, \* for by it thou dost deliver us from <u>harm</u> and death, \* protecting us from attacks by the <u>dev</u>il. \* Thou dost set us free from all af<u>flic</u>tion, \*\*\* and dost take a<u>way</u> the trans<u>gres</u>sions of mankind.

## Tone 4

T HOU didst contain the uncontainable <u>God</u> in thy womb \* and gavest birth to the Savior and Re<u>deem</u>er of our souls: \* Do not de<u>spise</u> me, O pure one, for <u>I</u> am in travail; \* have <u>mer</u>cy on me, \*\*\* and guard me from all enmity and the snares of the <u>evil</u> one!

R EJOICE, seal of all prophecy; \* rejoice, preaching of the Apostles!\* Rejoice, O Virgin, for God ineffably took flesh of thee, \* and we have received our first nobility! \* Once again we taste of the fruit of paradise! \* Therefore, we honor thee with songs, for thou art our intercessor before God, \*\*\* who grants the world great mercy!

### Tone 6

T HE evil <u>adversary</u>, \* jealous of thy flock, O most <u>pure</u> one, \* always battles and desires us as <u>food</u> for himself. \*\*\* But deliver us from this danger, O Theo<u>to</u>kos!

#### Tone 7

O BLESSED Virgin Mary, we be<u>seech</u> thee \* to <u>pray</u> to thy <u>Son</u> and our God, \*\*\* that he may have <u>mer</u>cy on <u>our</u> souls.

#### Tone 8

 $L_{pray} \xrightarrow{OOK} upon thy servants, O <u>Bride</u> of God. * Behold us as we pray and <u>sing</u> to thee. * Our hymns are <u>songs</u> of <u>praise</u> to thee, *** for thou art the salvation of the <u>human</u> race.$ 

## Aposticha

## Tone 1

R EJOICE, O Virgin, \* joy of the patriarchs, \* delight of the apostles and martyrs, \*\*\* and the protection of us, thy servants.

## Tone 2

 $A^{s\,a\,fruitful\,\underline{ol}ive\,tree,\,^*\,the\,Virgin\,bore\,thee,\,the\,\underline{Fruit}\,of\,Life,\,^{***}}_{who\,\,didst\,\,bring\,forth\,\,the\,\,fruit\,\,of\,\,great\,\,and\,\,rich\,\,\underline{mer}{cy}\,for\,the\,\,world.}$ 

#### Tone 3

MAIDEN, my sins are <u>many</u>, \* but by thy great intercession rescue me from the <u>dread</u>ful fire. \* By thy prayers as a mother, O <u>pure</u> one, \*\*\* correct and guide me on the <u>paths</u> of sal<u>va</u>tion!

## Tone 4

D ELIVER us from danger, O Theo<u>tok</u>os, \* who gavest birth to Christ, the Cre<u>a</u>tor of all, \* that <u>we</u> may all cry <u>out</u> to thee: \*\*\* Rejoice, O only <u>ad</u>vocate for our souls!

W<sup>E</sup> <u>call</u> thee blessed, O Virgin Theo<u>to</u>kos, \* and rightfully <u>glo</u>rify thee: \* the un<u>shak</u>able wall, the invincible <u>ci</u>ty, \*\*\* the firm pro<u>tec</u>tion and <u>re</u>fuge of our souls!

#### Tone 6

O LADY, I lift up the eye of my <u>heart</u> to thee; \* do not despise my <u>feeb</u>le sighs \* in the hour when thy Son shall come to judge the world, \*\*\* but be my helper and protector.

#### Tone 7

W<sup>E</sup> sing the <u>praises</u> of the only woman to remain virgin after <u>giving birth, \* for she</u> is the <u>Moth</u>er of God, \*\*\* and we cry <u>out</u>: <u>Glo</u>ry to thee!

#### Tone 8

T HOSE who were worthy to behold God in the flesh \* proclaimed thee to be a Bride and a Virgin, O Maiden, \* worthy of the <u>Fath</u>er and his divinity. \* They proclaimed thee to be the Mother of <u>God</u> the Word, \* and the dwelling of the Holy <u>Spi</u>rit, \* for the whole of divinity, the full and <u>perfect essence</u> of grace, \*\*\* bodily <u>dwelt</u> in thee!

## Dismissal Theotokia

#### Tone 1

O THEOTOKOS, full of <u>grace</u>, \* thou didst conceive the fire of divinity with<u>out</u> being burned, \* and thou didst <u>bear</u> the Lord, the <u>Fount</u> of life! \*\*\* Save from death those who <u>magnify</u> thee!

## Tone 2

T HROUGH <u>thee</u>, O ever-virgin Theo<u>to</u>kos, \* we have become partakers of the divine <u>na</u>ture, \* for <u>thou</u> gavest birth to the incarnate <u>God</u> for our sake. \*\*\* Therefore we all de<u>vout</u>ly <u>magnify</u> thee.

#### Tone 3

 $T^{\text{HE prophets have fore told, * the apostles taught, * the martyrs}_{\text{professed, and we believed: * that thou art indeed the Mother}} of God. *** Therefore we exalt thine ineffable childbearing!}$ 

#### Tone 4

T HE Word of the <u>Fath</u>er, \* even <u>Christ</u> our God, \* was truly incarnate of thee, O Virgin Theo<u>to</u>kos, \* the only pure and <u>bles</u>sed one. \*\*\* Therefore we ceaselessly magnify <u>thee</u> in song!

 $T^{\text{HE}\underline{won}} derful mystery of the \underline{Virgin}^* was the salvation revealed} to the world, * for thou, O <u>Lord</u>, wast born of her without <u>hu</u>man seed, * and appeared in the flesh without corruption, the joy of all! *** O <u>Lord</u>, glory to thee!$ 

### Tone 6

O HOLY Mistress, pure <u>Mother of our God</u>, \* who didst in<u>effably</u> give birth unto the Cre<u>a</u>tor of all: \* with the sacred apostles ever en<u>treat</u> his grace, \* that he de<u>liv</u>er us from the passions and grant us re<u>mis</u>sion of sins.

#### Tone 7

T HE fruit of thy womb, O <u>pure</u> one, \* is the perfect fulfillment of the law and of the <u>prophets!</u> \* Therefore, O Theo<u>to</u>kos, we glorify <u>thee</u> with thanks \*\*\* and exalt thee with great de<u>vo</u>tion!

#### Tone 8

 $O_{\frac{\text{PURE } \underline{\text{Theoto}} kos \text{ and } \underline{\text{gate}} of e \underline{\text{ternal life: }}^* \text{ save from } \underline{\text{danger}} \\ \underline{\text{those}} \text{ who } \underline{\text{run}} \text{ to } \underline{\text{thee}} \text{ with faith }^{***} \text{ to } \underline{\text{glo}} \text{rify thy } \underline{\text{holy } \underline{\text{child}}} \\ \text{bearing for the salvation of our souls!}$ 

\*\*\*\*

Thursday Evening

## LORD, I CALL

## Tone 1

A the sight of her Son crucified, \* the Virgin lamented with tears in her eyes: \* My sweetest child and Lord, \* thou wast given bitter vinegar for thy pain and suffering! \* Now, as the righteous judge, \*\*\* we await thy resurrection in all thy might and power!

## Tone 2

W<sup>HEN</sup> the pure ewe saw her Lamb led willingly to the slaughter, \* she cried out with weeping: \* Dost thou hasten to leave me, thy mother, childless, O Christ? \* What hast thou done to suffer like this? \*\*\* I will sing and glorify thy great and ineffable goodness, Lover of mankind!

## Tone 3

T HE world is pardoned by thy crucifixion, O Word, \* creation has been enlightened, O Master. \* All nations have obtained salvation, but I am torn asunder, \* cried the all-pure one, \*\*\* as I behold thy voluntary passion!

#### Tone 4

W HEN thy Virgin Mother saw thee crucified, \* she cried out in amazement as she beheld thee: \* Is this how they reward thee for the many gifts thou hast given them? \* But I pray thee, my Son and my God, \* do not leave me alone, but hasten to rise again, \*\*\* resurrecting Adam with thyself!

I N thy desire for our salvation, \* thou didst pay the greatest price, O Lord: \* thou didst shed thy blood for us! \* Thy Mother beheld thee nailed to the Cross, and cried: \* My Son, my spotless Lamb! \* O Savior, how canst thou go down before my eyes, \* the never-setting Sun who enlightens all mankind, \*\*\* granting the world great mercy!

#### Tone 6

W HEN thy most pure Mother beheld thee nailed to the tree \* she cried out: \* My Son and my God, what is this strange sight I see, \*\*\* that thou dost suffer in thy great mercy!

#### Tone 7

O HOLY Theotokos, thou gavest birth to the Master who was crucified for us; \* thou art our defender and our sure hope. \* As thou art the intercessor for us in our sinfulness, \*\*\* we beseech thee to pray to him to save our souls.

#### Tone 8

O MASTER, when thy Mother beheld thee being nailed to the Cross, \* she wept and cried out, saying: \* My sweetest Child, how unjustly thou dost suffer! \* Thou art wounded by lawless men \*\*\* whom thou camest to save in thy mercy!

## **Aposticha**

## Tone 1

A s she beheld thee wrongfully slain, O Christ, \* the Virgin lamented and cried out to thee: \* O my sweetest child, how is it that thou dost suffer unjustly? \* How is it that thou who didst hang the whole earth upon the waters dost hang upon the wood? \* I, thy mother and handmaid, entreat thee, \*\*\* Most merciful Benefactor, do not leave me alone!

## Tone 2 (Joseph of Arimathea)

W HEN the lawless people, O Savior, \* put thee, the Life of all, on the Wood, \* thy pure and blameless mother stood by and cried out weeping: \* Woe is me, my sweet Child, the Light of my eyes! \* How canst thou bear to be nailed to the Cross between evil-doers? \*\*\* For thou didst hang the earth upon the waters.

## Tone 3

W HEN the blameless Virgin beheld thee hanging on the Tree, \* she cried out as a mother, O all-gracious Christ: \* My beloved Son, \*\*\* how has the assembly of evil-doers raised thee upon the Cross?

## Tone 4

O MOTHER, do not mourn for me, \* as thou dost behold upon the Cross \* thy Son and God who hung the formless earth upon the waters, \* and fashioned all creation, \* for I shall rise again and shall be glorified, \* destroying the power of the kingdom of hell, \* and crushing its strength! \*\*\* I shall release from its wickedness those in bonds!

## Tone 5

W<sup>HEN</sup> she saw thee, her Son, the Lamb, lifted upon the Cross, \* thy Mother, the blessed maiden and Virgin, cried: \* Woe is me, O my Son! \* How canst thou be dying, \*\*\* when by nature thou art immortal God?

### Tone 6

T HE Virgin stood beside the wood at the time of thy crucifixion \* together with thy virgin disciple. \* She lamented and cried aloud: \* Woe is me! \* How dost thou, O Christ, impassibility itself, \*\*\* suffer all things?

#### Tone 7

W<sup>HEN</sup> the all pure one beheld thee nailed of thine own will to the Cross, \*\*\* she wept and praised thy might!

## Tone 8

A s she beheld thee crucified and dying, \* the Theotokos cried out: \* Woe is me! How dost thou endure pain, my sweetest Son? \* Thy side pierces my heart, and thy suffering sets my being on fire. \* Therefore I sing thy praises, \*\*\* for thou dost suffer willingly to save mankind!

## Dismissal Theotokia

#### Tone 1

W<sup>E</sup> have acquired thy protection, O immaculate one: \* We have been redeemed by thy supplications, \* and we have always been guarded by the Cross of thy Son. \*\*\* Therefore we all rightly magnify thee!

## Tone 2

T HOU art most glorious, O Virgin Theotokos! \* We praise thee, for through the Cross of thy Son, hell is laid low and death is slain! \* We who were dead in sin have risen and have been granted life! \* We have obtained paradise, our former delight! \* Therefore we thank and glorify Christ our God, \*\*\* for he alone is mighty and great in mercy.

### Tone 3

O THEOTOKOS, \* we have obtained the Cross of thy Son as a powerful rod, \* to strike down the boasting of the enemy: \*\*\* therefore we exalt thee forever!

#### Tone 4

O ALL blameless Virgin Mother of Christ God: \* thy most holy soul was pierced by a sword when thou didst behold thy Son and God willfully crucified. \* Therefore never cease to pray to him, \* O all blessed one, \*\*\* that he may grant us remission of our sins.

L ET the error of idolatry be destroyed \* through the might of the Cross of thy Son, \* and the power of demons be trampled, O Lady all pleasing to God! \* Therefore we faithful ever sing humbly to thee, \* We bless and exalt thee, \*\*\* professing that thou art truly the Mother of God!

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O VIRGIN Theotokos, entreat thy Son Christ our God, \* who of his own will was nailed to the Cross \* and has freed the world from deception \*\*\* that he have mercy on our souls.

#### Tone 7

O VIRGIN Theotokos, intercede without ceasing \* to Christ God who was crucified for us and destroyed the power of death \*\*\* that he might save our souls!

#### Tone 8

O LAMB, the Shepherd and Savior of the world, \* when thy Mother saw thee hanging on the Cross, she cried: \* Though the world rejoices in its redemption, my being burns as I behold thy Crucifixion, \*\*\* which thou dost endure for all men, O my Son and my God!

# GLORY be to GOD!

